



**Nau mai, haere mai, welcome to this
'Child & Adolescent Mental Health - Taranaki' section.**

This section has been developed to complement the Taranaki Directory of Mental Health Services.

CHILD & ADOLESCENT MENTAL HEALTH SUPPORT AGENCIES

ACCESS ABILITY LTD	NEW PLYMOUTH	Wendy Kopura ☎	06-758-0700
PO Box 8377, NP 4342	nasc.taranaki@accessability.org.nz	Fax	06-758-5201
Level 1 Kings Building, Devon St NP		Free ☎	0800-758-700
TARANAKI Service Leader	Jo-ann Tohia	Mobile	027-493-4607
<i>Needs Assessment service for younger people with long term disability needs.</i>			
ALCOHOL HELPLINE		Free ☎	0800-787-797
<i>A telephone service that provides information, advice, and short term counselling.</i>			
BUDGET ADVISORY SERVICE	NEW PLYMOUTH	☎	06-758-5996
32 Leach Street, NP 4310	np.budget@xtra.co.nz	Fax	06-758-2780
<i>Free advice, information & support to manage your budget.</i>			
BUDGET ADVISORY SERVICE	HAWERA	Free ☎	0800-333-048
46 Union Street, Hawera 4610	hawerabudget@xtra.co.nz	☎	06-278-8448
<i>Free advice, information & support to manage your budget.</i>			
CAREERS NEW ZEALAND	NEW PLYMOUTH	☎	0800-222 733
U-turn offices level 2 Devon Centre, Liardet St., NP 4310			
www.careers.govt.nz	Eileen.Kiffin@careers.govt.nz	<i>all information available at no cost</i>	
CHILD AND ADOLESCENT COMMUNITY CENTRE - TDHB		☎	06-753-7790
TDHB, Tukapa St entrance, NP 4310	camhs.cacc@tdhb.org.nz	Fax	06-753-7791
Private Bag 2016, NP 4342	<i>Provide a comprehensive mental health service at Taranaki District Health Board - Base Hospital and Hawera Hospital also outreach clinics in Stratford. We accept referrals from statutory and non-statutory health, education, police and welfare services. Fact Sheets on a range of mental health conditions are available through the TDHB website and through Like Minds Taranaki website</i>		
CHILD, YOUTH, AND FAMILY	NEW PLYMOUTH	☎	0508-326-459
Level 2 Duncan Dovico House, Gill St, NP 4310	www.cyf.govt.nz	☎	06-968-3348
Cnr High and Argyle St, Hawera 4610	HAWERA	☎	06-278-3317
<i>Provide care and protection, youth justice and adoption services with the vision of safe children, strong families and stronger communities.</i>			
COMMUNITY COMPUTER ACCESS CENTRE (CCAC)			
Level 1, 36 Devon St West, NP 4310	NEW PLYMOUTH	☎	06-759-2149
<i>Free computer lessons</i>			
CCS DISABILITY ACTION	NEW PLYMOUTH	☎	06-758-5423
112 Vivian St		Mobile	027-451-0676
PO Box 324 NP 4340	ronny.martin@ccsdisabilityaction.org.nz	<i>Encourage people with disabilities to participate fully in all decisions affecting their lives on the basis of equality and respect for their dignity and rights.</i>	
FAMILY PLANNING ASSOCIATION	NewPlymouth.Clinic@familyplanning.org.nz	☎	0508 sexhealth
185 Powderham St, NP, 4310	<i>Provide advice, medical services and education in sexual and reproductive health.</i>		
FAMILY WORKS	NEW PLYMOUTH	Megan Jackson	
51 Buller St, NP 4310	familyworks-taranaki@psc.org.nz	☎	06-758-5037
<i>Provide a range of services accepting of all, which enables individuals, families and communities in NZ to help themselves.</i>			
HAWERA RC FAMILY COUNSELLING SERVICE	HAWERA	☎	06-278-6399
6 Furlong St, Hawera 4320	hrcfc@xtra.co.nz		
MINISTRY OF YOUTH DEVELOPMENT	www.youthstats.myd.govt.nz		
PATHWAYS	NEW PLYMOUTH		
Youth Respite 'REAL' – NP – Angela Gates	Angela.gates@pathways.co.nz	☎	06-758-5245

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POLICE YOUTH AID/EDUCATION	anna.duncan@police.govt.nz	☎	06-759-8862
<i>Promoting individual safety with students and school communities and a reduction in the level to which these groups become either the perpetrators or victims of road crashes and anti-social behaviour.</i>			
PREGNANCY COUNSELLING SERVICES		Free ☎	0800-773-462
PROBLEM GAMBLING FOUNDATION	NEW PLYMOUTH	Sandi Cummings	
36 Devon Street West, NP 4310	www.pgfnz.org.nz	☎	06-769-6020
<i>Free confidential professional counselling for people affected by problem gambling</i>		Free ☎	0800-664-262
PUBLIC HEALTH NURSES	NEW PLYMOUTH	☎	06-753-7794
Taranaki Healthcare, Tukapa St	sandi.french@tdhb.org.nz		
<i>Provide a community nursing service that improves and protects the health of children & young people in Taranaki</i>			
SALVATION ARMY COMMUNITY AND FAMILY SERVICES		☎/Fax	06-758-9338
128 Powderham St, NP 4310	NEW PLYMOUTH	Emergency ☎	06-758-2325
PO Box 354, 4340	centraltaranaki_corps@nzf.salvationarmy.org		
	HAWERA	☎	06-278-8516
	STRATFORD & ELTHAM	☎	06-765-7969
<i>Emergency food support, information, life skills, family support etc</i>			
SEASONS	NEW PLYMOUTH	Diana Lawrence	
		☎	06-753-5657
<i>Offers peer support to children & young people who have suffered a loss in their lives to assist with the grieving process</i>			
SEXUAL HEALTH & FAMILY PLANNING	NEW PLYMOUTH	☎	0508 sexhealth
185 Powderham St, NP 4310	(0508 739 432584)	Fax	06-759-8369
TARANAKI COMMUNITY LAW TRUST	NEW PLYMOUTH	☎	06-759-1492
1 st Floor, 65 Devon St West, NP 4310	tcls@xtra.co.nz		
<i>Legal advice, information, assistance to people with unmet legal needs through accessible professional legal service.</i>			
TARANAKI SAFER CENTRE	NEW PLYMOUTH	☎	06-758-4178
199 Devon St East, NP 4310	safercentre@xtra.co.nz		
<i>Provide counselling and support for victims of sexual assault. Provision of general counselling and family therapy.</i>			
TDHB – CHILD AND ADOLESCENT MENTAL HEALTH SERVICES		☎	06-753-7790
TDHB, Tukapa St entrance, NP 4310	camhs.cacc@tdhb.org.nz	Fax	06-753-7791
Private Bag 2016, NP 4342			
<i>Provide a comprehensive mental health service at Taranaki District Health Board - Base Hospital and Hawera Hospital also outreach clinics in Stratford. We accept referrals from statutory and non-statutory health, education, police and welfare services. Fact Sheets on a range of mental health conditions are available through the TDHB website and through Like Minds Taranaki website www.likemindstaranaki.org.nz</i>			
THE LOWDOWN WEBSITE	www.thelowdown.co.nz		
<i>Helping youth to understand and deal with depression – trained counsellor available to talk to</i>			
TOIORA – HEALTHY LIFESTYLES LTD	NEW PLYMOUTH		
188a Powderham St, PO Box 992, NP 4340		☎	06-769-9188
<i>Health Promotion Programmes, Problem Gambling, Healthy Eating & Healthy Action, Smoke Free – Auahi Kore etc</i>			
	www.tuiora.co.nz		
“TRIPPIN”	www.trippin.co.nz		
<i>Designed specially for youth</i>			
TU TAMA WAHINE O TARANAKI	NEW PLYMOUTH	Ngaropi Cameron	
<i>Tangata Whenua Development and Liberation Service</i>		☎	06-758-5795
62 Powderham St, PO Box 4030, NP 4340	www.tuiora.co.nz	Fax	06-758-6881 Director:
Ngaropi Cameron	reception@tutamawahine.org.nz		
Taranaki Ora: Norah Puketapu-Collins	npuketapucollins@tutamawahine.org.nz		
Contracts Coordinator: Michelle Thompson	mthompson@tutamawahine.org.nz		
<i>Maori Mental Health Needs Assessment and Service Coordination, Domestic Violence Education Programmes, Counselling, Child Therapy, Men's Violence Programmes, After School Children's Programmes, Social Workers in Schools and Cultural Supervision</i>			
URGE WEBSITE	www.urge.co.nz		
<i>Youth health and information service designed to assist young people to find useful information or resources to help them in a variety of areas.</i>			
VICTIM SUPPORT	NEW PLYMOUTH	☎	06-759-5519
	new_plymouth@victimsupport.org.nz	Free ☎	0800-842-846
<i>Provide a confidential, 24 hour, 7 day a week personalised service to victims of crime, accident and emergency.</i>			
WAVES - YOUTH HEALTH, DEVELOPMENT & SUPPORT SERVICES - N P		☎	06-757-9901
74 Powderham Street NP 4310	info@wavestaranaki.org.nz	Fax	06-757-9906
LINKAGE - WEBHEALTH	NEW PLYMOUTH	Free ☎	0800-932-432-584
262 Devon St West, NP 4310	taranaki@webhealth.co.nz	☎	06-769-9160

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PO Box 767, NP 4340 www.webhealth.co.nz Fax 06-769-9161

YOUNG PEOPLE'S TRUST **NEW PLYMOUTH** ☎ **06-758-7182**

98 Liardet St, NP 4310 - PO Box 448, NP 4340 inquiries@youngpeoplestrust.org.nz Free ☎ **0800-00-2288**

Offer up to date information, advocacy, referrals, education, counselling and support, for the well being of young people and their families.

YOUTH DEVELOPMENT – Ministry of **WELLINGTON** ☎ **04 916 3300**

PO Box 1556, Wellington 6140 www.myd.govt.nz

YOUTH GAMBLING HELPLINE www.inyaface.co.nz

Believe in youth supporting youth, so we have young counsellors and we've developed this website with a youth focus

YOUTHLINE Free ☎ **0800-376-633**

www.youthline.co.nz talk@youthline.co.nz Free TXT **234**

www.facebook.com/youthline.changing.lives

Free confidential and non judgemental telephone, txt or email counselling service