



Nau Mai, Haere Mai, welcome to this section for

CHILD AND ADOLESCENT SERVICES

This section has been developed to complement the Taranaki Directory of Mental Health Services.

CHILD & ADOLESCENT MENTAL HEALTH SUPPORT AGENCIES

ALCOHOL HELPLINE		Free ☎	0800-787-797
<i>A telephone service that provides information, advice, and short term counselling.</i>			
BUDGET ADVISORY SERVICE	NEW PLYMOUTH	☎	06-758-5996
32 Leach Street, NP 4310	np.budget@xtra.co.nz	Fax	06-758-2780
22 Union Street, Hawera 4610	HAWERA hawerabudget@xtra.co.nz	☎	06-278-8448
<i>Free advice, information & support to manage your budget.</i>			
CAREERS NEW ZEALAND	NEW PLYMOUTH	☎	0800 222 733
Devon Centre, Liardet St., NP 4310	Eileen.Kiffin@careers.govt.nz	Fax	06-757-3752
<i>All information available at no cost</i>			
CHILD AND ADOLESCENT COMMUNITY CENTRE - TDHB		☎	06-753-7790
TDHB, Tukapa St entrance, NP 4310	camhs.cacc@tdhb.org.nz	Fax	06-753-7791
Private Bag 2016, NP 4342			
<i>Provide a comprehensive mental health service at Taranaki District Health Board - Base Hospital and Hawera Hospital also outreach clinics in Stratford. We accept referrals from statutory and non-statutory health, education, police and welfare services. Fact Sheets on a range of mental health conditions are available through the TDHB website and through Like Minds Taranaki website</i>			
CHILD, YOUTH, AND FAMILY	NEW PLYMOUTH	☎	0508-326-459
Level 2 Duncan Dovico House, Gill St, NP 4310	www.cyf.govt.nz	☎	06-968-3348
Cnr High and Argyle St, Hawera 4610	HAWERA	☎	06-278-3317
<i>Provide care and protection, youth justice and adoption services with the vision of safe children, strong families and stronger communities.</i>			
COMMUNITY COMPUTER ACCESS CENTRE (CCAC)		Pauline Bryan	
Level 1, 36 Devon St West, NP 4310	NEW PLYMOUTH	☎	06-759-2149
<i>Free computer lessons</i>			
CCS DISABILITY ACTION	NEW PLYMOUTH	☎	06-758-5423
112 Vivian St		Mobile	027-451-0676
PO Box 324 NP 4340	ronny.martin@ccsdisabilityaction.org.nz		
<i>Encourage people with disabilities to participate fully in all decisions affecting their lives on the basis of equality and respect for their dignity and rights.</i>			
FAMILY PLANNING ASSOCIATION		NewPlymouth.Clinic@familyplanning.org.nz	☎ 06-759-8269
56 Gover St, NP, 4310	<i>Provide advice, medical services and education in sexual and reproductive health.</i>		
FAMILY WORKS	NEW PLYMOUTH	Megan Jackson	
51 Buller St, NP 4310	familyworks-taranaki@psc.org.nz	☎	06-758-5037
<i>Provide a range of services accepting of all, which enables individuals, families and communities in NZ to help themselves.</i>			
HAWERA RC FAMILY COUNSELLING SERVICE	HAWERA	☎	06-278-6399
6 Furlong St, Hawera 4320	hrcfc@xtra.co.nz		
MAHIA MAI A WHAI TARA	WAITARA	☎	06-754-4669
8 Warre Street, Waitara 4320	admin@mahiamai.co.nz	Fax	06-754-4781
Child and Adolescent Services	Rangi Mehana, Sue Lichtwark	Mobile	027-495-5969
Youth and Social Services	Yoe Bevins, Mickey Harrison		
<i>Child and Adolescent Team, Alcohol and Drug Education, Assessment and Counselling, and Youth Services.</i>			
MINISTRY OF YOUTH DEVELOPMENT	www.youthstats.myd.govt.nz		
POLICE YOUTH AID/EDUCATION	anna.duncan@police.govt.nz	☎	06-759-8862
<i>Promoting individual safety with students and school communities and a reduction in the level to which these groups become either the perpetrators or victims of road crashes and anti-social behaviour.</i>			
PREGNANCY COUNSELLING SERVICES		Free ☎	0800-633-328
PROBLEM GAMBLING FOUNDATION	NEW PLYMOUTH	Sandi Cummings	
36 Devon Street West, NP 4310	www.pgfnz.org.nz	☎	06-769-6020
<i>Free confidential professional counselling for people affected by problem gambling</i>			
PUBLIC HEALTH NURSES	NEW PLYMOUTH	☎	0800-664-262
Taranaki Healthcare, Tukapa St	sandi.french@tdhb.org.nz	☎	06-753-7794
<i>Provide a community nursing service that improves and protects the health of children & young people in Taranaki</i>			
SALVATION ARMY COMMUNITY AND FAMILY SERVICES		☎/Fax	06-758-9338
128 Powderham St, NP 4310	NEW PLYMOUTH	Emergency ☎	06-758-2325
PO Box 354, 4340	centraltaranaki_corps@nzf.salvationarmy.org		
	HAWERA	☎	06-278-8516
	STRATFORD & ELTHAM	☎	06-765-7969
<i>Emergency food support, information, life skills, family support etc</i>			
SEASONS	NEW PLYMOUTH	Diana Lawrence	
		☎	06-753-5657
<i>Offers peer support to children & young people who have suffered a loss in their lives to assist with the grieving process</i>			

SEXUAL HEALTH & FAMILY PLANNING	NEW PLYMOUTH	☎	06-759-8269
56 Gover Street, NP 4310			
		Fax	06-759-8369
TARANAKI COMMUNITY LAW TRUST	NEW PLYMOUTH	☎	06-759-1492
1 st Floor, 65 Devon St West, NP 4310			
tcls@xtra.co.nz			
<i>Legal advice, information, assistance to people with unmet legal needs through accessible professional legal service.</i>			
TARANAKI SAFER CENTRE	NEW PLYMOUTH	☎	06-758-4178
199 Devon St East, NP 4310			
safercentre@xtra.co.nz			
<i>Provide counselling and support for victims of sexual assault. Provision of general counselling and family therapy.</i>			
TDHB – CHILD AND ADOLESCENT MENTAL HEALTH SERVICES		☎	06-753-7790
TDHB, Tukapa St entrance, NP 4310			
camhs.cacc@tdhb.org.nz			
Private Bag 2016, NP 4342			
<i>Provide a comprehensive mental health service at Taranaki District Health Board - Base Hospital and Hawera Hospital also outreach clinics in Stratford. We accept referrals from statutory and non-statutory health, education, police and welfare services. Fact Sheets on a range of mental health conditions are available through the TDHB website and through Like Minds Taranaki website</i>			
www.likemindstaranaki.org.nz			
THE LOWDOWN WEBSITE	www.thelowdown.co.nz		
<i>Helping youth to understand and deal with depression – trained counsellor available to talk to</i>			
TOIORA – HEALTHY LIFESTYLES LTD	NEW PLYMOUTH		Denis McLeod
188a Powderham St, PO Box 992, NP 4340			
denis@toiora.net.nz			
☎ 06-769-9188			
<i>Health Promotion Programmes, Problem Gambling, Healthy Eating & Healthy Action, Smoke Free – Auahi Kore etc</i>			
www.tuioira.co.nz			
“TRIPPIN”	www.trippin.co.nz		
<i>Designed specially for youth</i>			
TU TAMA WAHINE O TARANAKI	NEW PLYMOUTH		Ngaropi Cameron
<i>Tangata Whenua Development and Liberation Service</i>			
☎ 06-758-5795			
62 Powderham St, PO Box 4030, NP 4340			
www.tuioira.co.nz			
Fax 06-758-6881 Director:			
Ngaropi Cameron			
reception@tutamawahine.org.nz			
Needs Assessment: Norah Puketapu-Collins			
npuketapucollins@tutamawahine.org.nz			
Service Co-ordination: Michelle Thompson			
mthompson@tutamawahine.org.nz			
<i>Maori Mental Health Needs Assessment and Service Coordination, Domestic Violence Education Programmes, Counselling, Child Therapy, Men's Violence Programmes, After School Children's Programmes, Social Workers in Schools and Cultural Supervision</i>			
URGE WEBSITE	www.urge.co.nz		
<i>Youth health and information service designed to assist young people to find useful information or resources to help them in a variety of areas.</i>			
VICTIM SUPPORT	NEW PLYMOUTH	☎	06-759-5519
new_plymouth@victimsupport.org.nz			
<i>Provide a confidential, 24 hour, 7 day a week personalised service to victims of crime, accident and emergency.</i>			
WAVES - YOUTH HEALTH, DEVELOPMENT & SUPPORT SERVICES - N P		☎	06-757-9901
74 Powderham Street NP 4310			
info@wavestaranaki.org.nz			
Fax 06-757-9906			
<i>Free health advice, counselling – for people aged between 10 and 26 years. There are 2 nurses, a GP and psychologist available for appointments and youth development programmes and also free school holiday activities</i>			
LINKAGE - WEBHEALTH	NEW PLYMOUTH	Free ☎	0800-932-432-584
262 Devon St West, NP 4310			
taranaki@webhealth.co.nz			
☎ 06-769-9160			
PO Box 767, NP 4340			
www.webhealth.co.nz			
WOMEN'S REFUGE-TARANAKI	NEW PLYMOUTH	Free ☎	0800-827-973
PO Box 5, NP 4340			
admin@taranakiwomensrefuge.co.nz			
☎ 06-769-5553			
Level 2, Kings Bldg			
24 hour crisis only lines:			
☎ 06-769-5533			
36 Devon St West			
Fax 06-769-5554			
YOUNG PEOPLE'S TRUST	NEW PLYMOUTH	☎	06-758-7182
98 Liardet St, NP 4310 - PO Box 448, NP 4340			
inquiries@youngpeoplestrust.org.nz			
Free ☎ 0800-00-2288			
<i>Offer up to date information, advocacy, referrals, education, counselling and support, for the well being of young people and their families.</i>			
YOUTH DEVELOPMENT – Ministry of	WELLINGTON	☎	04 916 3300
PO Box 1556, Wellington 6140			
www.myd.govt.nz			
YOUTH GAMBLING HELPLINE	www.inyaface.co.nz		
<i>Believe in youth supporting youth, so we have young counsellors and we've developed this website with a youth focus</i>			
YOUTHLINE		Free ☎	0800-376-633
www.youthline.co.nz			
talk@youthline.co.nz			
Free TXT 234			
www.facebook.com/youthline.changing.lives			
<i>Free confidential and non judgemental telephone, txt or email counselling service</i>			
YOUTH TRANSITION SERVICES	TARANAKI	Free ☎	0508-496-884
1 st Floor, Devon Centre, 44 Liardet St, NP 4310			
reception@yts.tuioira.co.nz			
☎ 06-759-7727			
61A McLean St, Waitara, 4320			
www.tuioira.co.nz			
☎ 06-759-7727			
Taiohi Oranga, 45 Regent St, Hawera, 4610			
☎ 06-278-9065			
<i>Assists young people as they transition from school to further education, training, work or other activities that contribute to their long term independence and wellbeing.</i>			

Like Minds Taranaki gratefully acknowledges the financial support of this website by the Ministry of Health

Feedback is always welcome – Like Minds Taranaki,

06-759-0966

email: mental.health@xtra.co.nz