

National & International Links

The following links are intended to be of assistance in the search for further information.

National Sites:

- 1. Age Concern New Zealand Inc:**
The collective voice of member Age Concern Councils, throughout New Zealand.
<http://www.ageconcern.org.nz>
- 2. Alcohol Advisory Council of New Zealand (ALAC):**
Assisting people make healthy choices about alcohol.
<http://www.alcohol.org.nz>
- 3. Altogether Autism:**
<http://www.altogetherautism.org.nz>
- 4. At Home Care in Taranaki:**
An all encompassing site for information on services for older people (Taranaki section)
www.athomecare.co.nz
- 5. Balance – Bipolar:**
Information and Support
<http://www.balance.org.nz>
- 6. Case Consulting:**
Consumer led organisation providing services for organisations working with people who have experience of mental illness.
<http://www.caseconsulting.co.nz>
- 7. Compass:**
Community Mental Health Peer Advocacy and Support Services
<http://www.kites.org.nz>
- 8. Depression:**
Part of the National Depression Initiative – providing information and where to get help
<http://www.depression.org.nz>
- 9. Eating Disorders:**
www.somethingfishy.org
- 10. Elder Net:**
A national database directory that lists all national residential care facilities and services for older people.
<http://www.eldernet.co.nz>
- 11. Everybody:**
Contains over 250 health information guides written by or in conjunction with over 40 different organisations.
<http://www.everybody.co.nz>
- 12. Framework Trust:**
Facilitation of opportunities, for people with mental illness to acquire life, vocational and recreational skills, of their choice.
<http://www.framework.org.nz>
- 13. Hauora Maori:**
Site developed for Te Ohu Rata O Aotearoa (Maori medical Practitioners Assoc.), Nga Ngaru Hauora O Aotearoa (National Maori Health Providers Assn.) and the National Council of Maori Nurses.
<http://www.maorihealth.co.nz>

14. Health and Disability Commissioner:

An independent agency established by Parliament to promote and protect the rights of consumers of health and disability support services.

<http://www.hdc.org.nz>

15. HealthEd:

A Ministry of Health website where you can search for and request health education publications and resources from a comprehensive database.

<http://www.healthed.govt.nz>

16. Health Promotion Forum of New Zealand:

Provides information, coordination and training to both members and the health promotion workforce at large.

<http://www.hpforum.org.nz>

17. Housing New Zealand

<http://www.hnzc.co.nz>

18. Human Rights Commission

New Zealand's national institution for the protection and promotion of human rights.

<http://www.hrc.co.nz>

19. Lifeline NZ:

<http://www.lifeline.co.nz>

20. Like Minds, Like Mine:

National, public health funded programme to counter stigma and discrimination that people with experience of mental illness face every day.

<http://www.likeminds.org.nz>

21. Matua Raki:

National Addiction Treatment Workforce Development Programme (NATWDP)

<http://www.matuaraki.org.nz>

22. Medical Council of New Zealand:

Registers Doctors to practice medicine in New Zealand.

<http://www.mcnz.org.nz>

23. Medsafe:

Unit of Ministry of Health responsible for ensuring benefits and safety of medications and medical devices.

<http://www.medsafe.govt.nz>

24. Mental Health Commission:

A ministerial Advisory body that oversees the development of mental health services in New Zealand.

<http://www.mhc.govt.nz>

25. Mental Health Foundation:

A most comprehensive and useful guide to most mental illnesses.

<http://www.mentalhealth.org.nz>

<http://www.mentalhealth.org.nz/page/34-Links>

26. Ministry of Health:

Government chief policy advisor on health and disability.

<http://www.moh.govt.nz>

27. New Zealand College of Mental Health Nurses:

The professional body for practicing Mental Health Nurses in NZ

<http://www.nzcmhn.org.nz>

28. New Zealand Drug Foundation:

<http://www.nzdf.org.nz>

- 29. New Zealand Guidelines Group:**
Provides information and a toolkit for the development of clinical guidelines and further links to evidenced based health care.
<http://www.nzgg.org.nz>
- 30. New Zealand Health Information System:**
Unit within the Ministry of Health responsible for the collection and dissemination of health related information.
<http://www.nzhis.govt.nz>
- 31. Nursing Council of New Zealand:**
<http://www.nursingcouncil.org.nz>
- 32. Occupational Safety and Health Service (OSH):**
Aims to prevent injuries, illness and accidents in the workplace.
<http://www.osh.dol.govt.nz>
- 33. Office for Disability Issues:**
<http://www.odi.govt.nz>
- 34. Open Polytechnic of New Zealand:**
www.openpolytechnic.ac.nz
- 35. Other District Health Boards:**
A Government site listing District Health Board websites.
<http://www.moh.govt.nz/moh.nsf/wpgindex/Links-District+Health+Boards+Contents>
- 36. Out of their Minds**
A new website exploring the many issues of mental distress.
<http://www.outoftheirminds.co.nz>
- 37. PHARMAC (Pharmaceutical Management agency):**
Ensures there is fair and equitable patient access to medications.
<http://www.pharmac.govt.nz>
- 40 Phobic Trust:**
<http://www.phobic.org.nz>
- 41 PRIHMD**
Programme for the integration of mental health data.
<http://www2.nzhis.govt.nz/primhd/primhd.html>
- 42. Privacy Commissioner:**
Impartial investigation of complaints regarding breaches of privacy.
<http://www.privacy.org.nz>
- 43. Psych Central:**
A guide to mental health, psychology and psychiatry resources online.
<http://psychcentral.com>
- 44. Public Health Networking Project**
Facilitates the use of the worldwide web by health workers and organisations in New Zealand.
<http://www.publichealth.org.nz>
- 45. Quality Health New Zealand**
Independent, non-profit society established by the health sector to improve performance in health and the disability support sector.
<http://www.qualityhealth.org.nz>
- 46. Schizophrenia Fellowship NZ Inc:**
Voluntary organisation established to help people cope with schizophrenia and related mental illnesses.
<http://www.sfnat.org.nz>

- 47. SPINZ**
Suicide Prevention Information – New Zealand
<http://www.spinz.org.nz>
- 48. Statistics New Zealand:**
Key up-to-date reference source for New Zealand official statistics.
<http://www.stats.govt.nz>
- 49. Strengthening Families:**
A strategy that joins Health, Education and the Welfare sectors to improve outcomes for children.
<http://www.strengtheningfamilies.govt.nz>
- 50. Substance Abuse and Mental Health Services Administration:**
Information on substance abuse prevention, addiction treatment and mental health services.
<http://www.samhsa.gov>
- 51. Te Pou:**
National Centre of Mental health Research, Information and Workforce development.
<http://www.tepou.co.nz>
- 52. Te Puni Kokiri:**
Ministry of Maori Development.
<http://www.tpk.govt.nz>
- 53. Te Rau Matatini:**
National Maori Health Workforce Development
<http://www.matatini.co.nz>
- 54. Tenancy Services:**
<http://www.tenancy.govt.nz>
- 55. The Lowdown:**
Part of the National Depression Initiative aiming at reducing the stigma of depression in NZ
<http://www.thelowdown.co.nz>
- 56. Trippin:**
A Taranaki web-site developed by Child & Youth Mental Health Services, Taranaki Health.
<http://www.trippin.co.nz>
- 57. Tui Ora Ltd:**
An umbrella group for providers of Kaupapa Maori Services in Taranaki
<http://www.tuiora.co.nz>
- 58. Webhealth:**
Health and Social Services website
<http://www.webhealth.co.nz>
- 59. W.E.K.A. :**
National Disability Information Centre
<http://www.weka.net.nz>
- 60. Werry Centre for Child and Adolescent Mental Health in NZ**
<http://www.werrycentre.org.nz>
- 61. Work and Income - M.S.D.**
Social Development; employment support and benefits
<http://www.workandincome.govt.nz>

International Sites:

- 1. American Association of Suicidology**
Includes resources and information on youth suicide, research, and survivor support.
<http://www.suicidology.org>
- 2. American Foundation for Suicide Prevention:**
Dedicated to advancing knowledge of suicide and our ability to prevent it.
<http://www.afsp.org>
- 3. Athealth**
An Australian site with consumer and practitioner's info – including mental illnesses, medications etc.
<http://www.athealth.com>
- 4. Beyond Blue:**
Australian national, independent organisation addressing issues associated with depression.
<http://www.beyondblue.org.au>
- 5. Centre for Evidence Based Mental Health**
Promotes and supports evidenced based mental health care.
<http://cebmh.com>
- 6. Changing Minds Campaign:**
Royal College of Psychiatrists stigma reference resource. (United Kingdom site)
<http://www.rcpsych.ac.uk/campaigns/cminds>
- 7. Ending Suicide.com:**
A new American site containing information on suicide prevention and links to other sites.
<http://www1.endingsuicide.com>
- 8. Expert Consensus Guidelines:**
Psychiatric Treatment Guidelines and extensive additional general and specific links.
<http://www.psychguides.com>
- 9. Health Finder**
A US based health site with information for service users.
<http://www.healthfinder.gov>
- 10. Health Insite**
An Australian based site with wide ranging resources on conditions and treatments.
<http://www.healthinsite.gov.au>
- 11. Human Rights Web:**
Has excellent link pages.
<http://www.hrweb.org>
- 12. InteliHealth**
Diagnosis and treatment information (American site)
<http://www.intelihealth.com>
- 13. Internet Mental Health:**
An online encyclopaedia of mental health information designed and developed by Canadian Psychiatrist Dr Phillip Lang.
<http://mentalhealth.samhsa.gov>
- 14. Marce Society**
A society for the understanding, prevention and treatment of mental illness related to childbirth.
<http://www.marcesociety.com>
- 15. Mental Health and Aging:**
An excellent resource list which links directly to information related to the issues of mental health and aging.
<http://www.mhaging.org/info/resources.html>

16. Mental Health & Wellbeing:

Australian site Commonwealth of Australia Department of Health and Ageing

<http://www.mentalhealth.gov.au>

17. Mental Help Net

A Dublin based site offering a guide to mental health, psychology and psychiatry resources online.

<http://psychcentral.com>

18. Mental Health Promotion Unit, Health Canada:

<http://www.phac-aspc.gc.ca/mh-sm/mhp-psm/index-eng.php>

19. MIND The Mental Health Charity:

Working for a better life for everyone experiencing mental distress – includes Mindinfoline. (UK site)

<http://www.mind.org.uk>

20. National Institute of Mental Health

A comprehensive US based site with information for Service Users

<http://www.nimh.nih.gov/>

21. Reachout:

A youth specific site from Australia

<http://www.reachout.com.au>

22. Royal Australian and New Zealand College of Psychiatrists

The RANZCP is a Fellowship of Psychiatrists to achieve optimum quality mental health services

<http://www.ranzcp.org>

23. SANE – Australia

A service user/family/whanau/supporter friendly site.

<http://sane.org>

24. WHO - World Health Organisation Mental Health Homepage:

An overview of W.H.O.'s international work and policy

<http://www.who.int>

25. World Federation of Mental Health:

A non-government organisation working to advance global mental health.

<http://www.wfmh.com>