

TE RŌPŪ ĀWHINA MATE PETIPETI O AOTEAROA  
**Problem Gambling Foundation  
of New Zealand**



The Problem Gambling Foundation is a nationwide organisation, with a local counsellor /health promoter here in Taranaki.

The Problem Gambling Foundation offers free, confidential, professional counselling for people who are gambling, along with friends and family affected by gambling.

These sessions provide an opportunity to work together with a counsellor to explore and develop strengths so that ways of coping can be discovered; whether it is with your own gambling, or someone else's.

Along with counselling, we take a health promotion and health protection approach. We meet with the general public and professionals to highlight gambling harm reduction possibilities and propose regulations and standards to protect people in our community.

**What we offer:**

- Free, confidential, professional counselling for people who want better control over their gambling.
- Free, confidential, professional counselling for people when someone else's gambling is causing them distress.
- Support group for people with a gambling history.
- Free presentations regarding gambling and gambling harm in New Zealand.
- Support for submissions regarding protective gambling policies.

If you have any queries, would like information or would like to become involved in reducing gambling harm in our community, please contact:

**Sandi Cummings**, at the Problem Gambling Foundation.

Sandi Cummings (BA Counselling) is a member of NZAC and has a keen interest in community wellbeing.

We have counselling offices at New Plymouth, Stratford and Hawera.

**P.G.F.**  
36 Devon Street  
**New Plymouth**

**P.G.F.**  
Community House  
52 Juliet Street  
**Stratford**

**P.G.F.**  
56 Disraeli Street  
**Hawera**

Please phone **0800 664 262** or **06 769 6020**

email: [sandi.cumplings@pgfnz.org.nz](mailto:sandi.cumplings@pgfnz.org.nz)

or to find out more, you could visit our website: [www.pgfnz.org.nz](http://www.pgfnz.org.nz)