National & International Links

The following links are intended to be of assistance in the search for further information.

National Sites:

1. **Age Concern New Zealand Inc:**
   The collective voice of member Age Concern Councils, throughout New Zealand.
   http://www.ageconcern.org.nz

2. **Alcohol Advisory Council of New Zealand (ALAC):**
   Assisting people make healthy choices about alcohol.
   http://www.alcohol.org.nz

3. **Altogether Autism:**
   http://www.altogetherautism.org.nz

4. **At Home Care in Taranaki:**
   An all encompassing site for information on services for older people (Taranaki section)
   www.athomecare.co.nz

5. **Balance – Bipolar:**
   Information and Support
   http://www.balance.org.nz

6. **Case Consulting:**
   Consumer led organisation providing services for organisations working with people who have experience of mental illness.
   http://www.caseconsulting.co.nz

7. **Compass:**
   Community Mental Health Peer Advocacy and Support Services
   http://www.kites.org.nz

8. **Depression:**
   Part of the National Depression Initiative – providing information and where to get help
   http://www.depression.org.nz

9. **Eating Disorders:**
   www.somethingfishy.org

10. **Elder Net:**
    A national database directory that lists all national residential care facilities and services for older people.
    http://www.eldernet.co.nz

11. **Everybody:**
    Contains over 250 health information guides written by or in conjunction with over 40 different organisations.
    http://www.everybody.co.nz

12. **Framework Trust:**
    Facilitation of opportunities, for people with mental illness to acquire life, vocational and recreational skills, of their choice.
    http://www.framework.org.nz

13. **Hauora Maori:**
    Site developed for Te Ohu Rata O Aotearoa (Maori medical Practitioners Assoc.), Nga Ngaru Hauora O Aotearoa (National Maori Health Providers Assn.) and the National Council of Maori Nurses.
    http://www.maorihealth.co.nz
14. **Health and Disability Commissioner:**
An independent agency established by Parliament to promote and protect the rights of consumers of health and disability support services.
http://www.hdc.org.nz

15. **HealthEd:**
A Ministry of Health website where you can search for and request health education publications and resources from a comprehensive database.
http://www.healthed.govt.nz

16. **Health Promotion Forum of New Zealand:**
Provides information, coordination and training to both members and the health promotion workforce at large.
http://www.hpforum.org.nz

17. **Housing New Zealand**
http://www.hnzc.co.nz

18. **Human Rights Commission**
New Zealand’s national institution for the protection and promotion of human rights.
http://www.hrc.co.nz

19. **Lifeline NZ:**
http://www.lifeline.co.nz

20. **Like Minds, Like Mine:**
National, public health funded programme to counter stigma and discrimination that people with experience of mental illness face every day.
http://www.likeminds.org.nz

21. **Matua Raki:**
National Addiction Treatment Workforce Development Programme (NATWDP)
http://www.matuaraki.org.nz

22. **Medical Council of New Zealand:**
Registers Doctors to practice medicine in New Zealand.
http://www.mcnz.org.nz

23. **Medsafe:**
Unit of Ministry of Health responsible for ensuring benefits and safety of medications and medical devices.
http://www.medsafe.govt.nz

24. **Mental Health Commission:**
A ministerial Advisory body that oversees the development of mental health services in New Zealand.
http://www.mhc.govt.nz

25. **Mental Health Foundation:**
A most comprehensive and useful guide to most mental illnesses.
http://www.mentalhealth.org.nz
http://www.mentalhealth.org.nz/page/34-Links

26. **Ministry of Health:**
Government chief policy advisor on health and disability.
http://www.moh.govt.nz

27. **New Zealand College of Mental Health Nurses:**
The professional body for practicing Mental Health Nurses in NZ
http://www.nzcmhn.org.nz

28. **New Zealand Drug Foundation:**
http://www.nzdf.org.nz
29. New Zealand Guidelines Group:
   Provides information and a toolkit for the development of clinical guidelines and further links to evidenced based health care.
   http://www.nzgg.org.nz

30. New Zealand Health Information System:
   Unit within the Ministry of Health responsible for the collection and dissemination of health related information.
   http://www.nzhis.govt.nz

31. Nursing Council of New Zealand:
   http://www.nursingcouncil.org.nz

32. Occupational Safety and Health Service (OSH):
   Aims to prevent injuries, illness and accidents in the workplace.
   http://www.osh.dol.govt.nz

33. Office for Disability Issues:
   http://www.odi.govt.nz

34. Open Polytechnic of New Zealand:
   www.openpolytechnic.ac.nz

35. Other District Health Boards:
   A Government site listing District Health Board websites.
   http://www.moh.govt.nz/moh.nsf/wpgindex/Links-District+Health+Boards+Contents

36. Out of their Minds
   A new website exploring the many issues of mental distress.
   http://www.outoftheirminds.co.nz

37. PHARMAC (Pharmaceutical Management agency):
   Ensures there is fair and equitable patient access to medications.
   http://www.pharmac.govt.nz

40 Phobic Trust:
   http://www.phobic.org.nz

41 PRIHMD
   Programme for the integration of mental health data.
   http://www2.nzhis.govt.nz/primhd/primhd.html

42. Privacy Commissioner:
   Impartial investigation of complaints regarding breaches of privacy.
   http://www.privacy.org.nz

43. Psych Central:
   A guide to mental health, psychology and psychiatry resources online.
   http://psychcentral.com

44. Public Health Networking Project
   Facilitates the use of the worldwide web by health workers and organisations in New Zealand.
   http://www.publichealth.org.nz

45. Quality Health New Zealand
   Independent, non-profit society established by the health sector to improve performance in health and the disability support sector.
   http://www.qualityhealth.org.nz

46. Schizophrenia Fellowship NZ Inc:
   Voluntary organisation established to help people cope with schizophrenia and related mental illnesses.
   http://www.sfnat.org.nz
47. SPINZ
Suicide Prevention Information – New Zealand
http://www.spinz.org.nz

48. Statistics New Zealand:
Key up-to-date reference source for New Zealand official statistics.
http://www.stats.govt.nz

49. Strengthening Families:
A strategy that joins Health, Education and the Welfare sectors to improve outcomes for children.
http://www.strengtheningfamilies.govt.nz

50. Substance Abuse and Mental Health Services Administration:
Information on substance abuse prevention, addiction treatment and mental health services.
http://www.samhsa.gov

51. Te Pou:
National Centre of Mental health Research, Information and Workforce development.
http://www.tepou.co.nz

52. Te Puni Kokiri:
Ministry of Maori Development.
http://www.tpk.govt.nz

53. Te Rau Matatini:
National Maori Health Workforce Development
http://www.matatini.co.nz

54. Tenancy Services:
http://www.tenancy.govt.nz

55. The Lowdown:
Part of the National Depression Initiative aiming at reducing the stigma of depression in NZ
http://www.thelowdown.co.nz

56. Trippin:
A Taranaki web-site developed by Child & Youth Mental Health Services, Taranaki Health.
http://www.trippin.co.nz

57. Tui Ora Ltd:
An umbrella group for providers of Kaupapa Maori Services in Taranaki
http://www.tuiora.co.nz

58. Webhealth:
Health and Social Services website
http://www.webhealth.co.nz

59. W.E.K.A.:
National Disability Information Centre
http://www.weka.net.nz

60. Werry Centre for Child and Adolescent Mental Health in NZ
http://www.werrycentre.org.nz

61. Work and Income - M.S.D.
Social Development; employment support and benefits
http://www.workandincome.govt.nz
International Sites:

1. **American Association of Suicidology**  
   Includes resources and information on youth suicide, research, and survivor support.  
   [http://www.suicidology.org](http://www.suicidology.org)

2. **American Foundation for Suicide Prevention:**  
   Dedicated to advancing knowledge of suicide and our ability to prevent it.  
   [http://www.afsp.org](http://www.afsp.org)

3. **Athealth**  
   An Australian site with consumer and practitioner’s info – including mental illnesses, medications etc.  
   [http://www.athealth.com](http://www.athealth.com)

4. **Beyond Blue:**  
   Australian national, independent organisation addressing issues associated with depression.  

5. **Centre for Evidence Based Mental Health**  
   Promotes and supports evidenced based mental health care.  
   [http://cebmh.com](http://cebmh.com)

6. **Changing Minds Campaign:**  
   Royal College of Psychiatrists stigma reference resource. (United Kingdom site)  
   [http://www.rcpsych.ac.uk/campaigns/cminds](http://www.rcpsych.ac.uk/campaigns/cminds)

7. **Ending Suicide.com:**  
   A new American site containing information on suicide prevention and links to other sites.  
   [http://www1.endingsuicide.com](http://www1.endingsuicide.com)

8. **Expert Consensus Guidelines:**  
   Psychiatric Treatment Guidelines and extensive additional general and specific links.  
   [http://www.psychguides.com](http://www.psychguides.com)

9. **Health Finder**  
   A US based health site with information for service users.  
   [http://www.healthfinder.gov](http://www.healthfinder.gov)

10. **Health Insite**  
    An Australian based site with wide ranging resources on conditions and treatments.  

11. **Human Rights Web:**  
    Has excellent link pages.  
    [http://www.hrweb.org](http://www.hrweb.org)

12. **InteliHealth**  
    Diagnosis and treatment information (American site)  
    [http://www.intelihealth.com](http://www.intelihealth.com)

13. **Internet Mental Health:**  
    An online encyclopaedia of mental health information designed and developed by Canadian Psychiatrist Dr Phillip Lang.  
    [http://mentalhealth.samhsa.gov](http://mentalhealth.samhsa.gov)

14. **Marce Society**  
    A society for the understanding, prevention and treatment of mental illness related to childbirth.  
    [http://www.marcesociety.com](http://www.marcesociety.com)

15. **Mental Health and Aging:**  
    An excellent resource list which links directly to information related to the issues of mental health and aging.  
    [http://www.mhaging.org/info/resources.html](http://www.mhaging.org/info/resources.html)
16. Mental Health & Wellbeing:
   Australian site Commonwealth of Australia Department of Health and Ageing
   http://www.mentalhealth.gov.au

17. Mental Help Net
   A Dublin based site offering a guide to mental health, psychology and psychiatry resources online.
   http://psychcentral.com

18. Mental Health Promotion Unit, Health Canada:

19. MIND The Mental Health Charity:
   Working for a better life for everyone experiencing mental distress – includes Mindinfoline. (UK site)
   http://www.mind.org.uk

20. National Institute of Mental Health
   A comprehensive US based site with information for Service Users
   http://www.nimh.nih.gov/

21. Reachout:
   A youth specific site from Australia
   http://www.reachout.com.au

22. Royal Australian and New Zealand College of Psychiatrists
   The RANZCP is a Fellowship of Psychiatrists to achieve optimum quality mental health services
   http://www.ranzcp.org

23. SANE – Australia
   A service user/family/whanau/supporter friendly site.
   http://sane.org

24. WHO - World Health Organisation Mental Health Homepage:
   An overview of W.H.O.’s international work and policy
   http://www.who.int

25. World Federation of Mental Health:
   A non-government organisation working to advance global mental health.
   http://www.wfmh.com